

Rio trip 2023

For the first two weeks of the new year we went to Rio for Mestre Tonys event, Vem Jogar no Ile. Mestre Steen had planed the trip and what a program.

For us a trip to Rio has been a dream since we started coming at Capoeiraskolen in 2015. What better way to experience Rio than in the company of fellow Capoeiristas?

Including Mestre Steen and his family there were 21 of us on the trip. We were three families with a total of 7 kids so great company for everyone. The company was a big part of why we will never forget this trip.

Not only did we get to know the people we do Capoeira with even better but we also had the privilege of having Mestre Steen and his knowledge at hand. For me this was one of the best parts for the trip. Getting to know the history of Senzala and getting lots of stories about why we do Capoeira the way we do.

The event and the trainings where another huge experience. Very different to the structure we are used to but a great supplement of "kaos". Generally the new settings and different way of playing Capoeira has evolved you Capoeira.

Me experience was that we contributed with a high technical level of Capoeira and were very much a part of making the event special.

For both the locals and us visiting it was a change to play with people we do not know and truly communicate trough Capoeira. We felt welcome and at home at Ile de Seu Peixinho and everywhere else.

Mestre Steen had planed trips to Favelas. One included a visit to a Capoeira project run by Mestre Ramos and Mestra Ana Sabia. This was an opportunity to give back by doing Capoeira with the local kids and give them a Capoeira experience they will not forget.

We had so many experiences but for us it was the energi that made the biggest impression. Capoeira is a passion and a way to express feelings and that raises the energi levels in the Roda. Every game counts and everyone is 100% present for the Roda. Something that we will try to practice ourselves.

Writing this underlines that the many experiences have not yet sunk in completely, so if you are curious about anything do not hesitate to ask.